

# Artificial Intelligence in Software System Quality Assurance: A Systematic Literature Review of Techniques, Tools, and Challenges (2016–2026)

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**Abstract**—A shift from deterministic testing to artificial intelligence (AI) driven quality ecosystems is necessitated by the rapid evolution of software architectures, and research from 2016 to the present year is combined by this systematic literature review (SLR), so 195 main studies are analyzed, and the path of artificial intelligence in Software Quality Assurance (SQA) is mapped. An enormous course in scholarly output from 2023 onwards is revealed by the findings, and this growth is driven by the industrial adoption of Large Language Models (LLMs) alongside autonomous agentic systems. In addition, three main areas are addressed by this study, and these areas are identified as the taxonomic shift toward multi-agent architectures, the functional effect of AI on labor-intensive activities such as regression testing, and self-healing automation, and the emerging social and technical challenges of ethical governance alongside explainability. Despite incomparable efficiency gains being offered by AI-driven techniques, the industrial success of these tools is strictly limited until the Maintenance Crisis of generated code is resolved and transparency is ensured through Explainable AI (XAI). Finally, the study concludes with a strategic roadmap for Ethical SQA, providing a foundation for future research in autonomous, self-evolving software systems.

**Keywords**—Software Quality Assurance (SQA); artificial intelligence (AI); systematic literature review (SLR); Large Language Models (LLMs); Explainable AI (XAI)

## I. INTRODUCTION

The integration of AI into SQA represents a fundamental shift in how modern software is validated and maintained. As the velocity of AI-assisted development increases, traditional testing methodologies face significant challenges in scaling to meet new requirements for reliability and governance. A broad examination of the current state of SQA is provided within this section of the study, while the primary reasons for the conduction of this systematic review are identified. In addition, particular attention is directed toward the rising difficulties associated with maintenance and the assurance of quality.

### A. Overview

The evolution of SQA has reached a critical juncture where traditional deterministic methods are no longer sufficient to secure the complex, distributed architectures of the modern era. As of 2026, the software industry is transitioning from simple automated scripts to AI-driven quality ecosystems capable of autonomous decision-making [1-2]. While previous decades focused on manual inspection and rule-based automation [3], the

current landscape is defined by the integration of LLMs and multi-agent systems designed to enhance systemic reliability, safety, and ethical compliance [4-5]. This shift represents a move toward Quality by Design, where AI is not merely an add-on tool but a core component of the software architecting process [6].

### B. Motivation

With regards to the motivation for this SLR, the academic investigation is driven by several shifts within the software engineering field. In addition, the software industry is challenged by a Quality Crisis, where human-directed verification capacity has been exceeded by the speed of development assisted by AI [7]. As a result, fundamental digital infrastructure is threatened by the fast shifts, whereby scalability limitations are faced by traditional regression testing, and a transition toward Quality by Design is demanded so that AI is included as a central architectural element instead of a secondary instrument [1, 8].

Furthermore, a Maintenance Crisis has been introduced by the emergence of generative AI. In addition, rigorous validation exceeding the human-written materials is demanded by the substantial volume of code generated by AI, because intelligent vulnerabilities can be introduced at scale [9]. As a result, research is continuously redirected toward autonomously self-healing test automation and agent-based testing [2, 10]. Furthermore, the management of software materials, including bug reports, has been advanced from basic summarization toward advanced neural analysis [11-13], whereby new efforts concerning the ways by which data are combined within the SQA lifecycle are demanded.

However, concerns regarding algorithmic fairness alongside accountability and transparency are introduced by the adoption of these computational models [14]. As a result, a pressing need for a wide combination concerning the current state of XAI within the software development process is continuously maintained so that intelligent quality is retained trustworthy and interpretable [15-19].

### C. Research Questions

Regarding the main research goal, this SLR is constructed around three primary research questions (RQs) so that the gap between theoretical AI possibilities and practical SQA realities is resolved. In addition, a separate component concerning the overlap between AI and software quality is designed to be

investigated by each research question, whereby a progression from technical architecture toward applications and ultimately toward the sociotechnical difficulties of adoption is established.

The first research question (RQ1) can be stated as: Which AI and machine learning architectures are currently exploited to enhance software quality, and how can they be categorized within a SQA taxonomy? This question investigates the progression from traditional neural networks toward LLMs and autonomous multiple agent systems [2, 20-21], so that the specific computational frameworks that are most effective for quality tasks are identified.

The second research question (RQ2) can be stated as: What is the measurable impact of AI-driven techniques on fundamental SQA lifecycle activities, and how do these tools address the maintenance overhead of legacy automation? Specifically, this inquiry evaluates empirical evidence regarding efficiency gains in labor-intensive processes [8, 10, 22], such as regression testing and duplicate bug detection, while assessing their ability to maintain or exceed human-level defect detection [9].

The third research question (RQ3) can be stated as: What are the primary technical and ethical barriers hindering the industrial adoption of AI in SQA, and which frameworks exist to ensure transparency and ethical governance? This question combines current research regarding XAI, fairness, and accountability [14-16] to determine how Ethics by Design can be integrated into autonomous testing cycles [5, 23].

#### D. Research Contributions

A modern multidirectional structure is constructed by this systematic literature review, so the inclusion of artificial intelligence within the software quality assurance field is thoroughly understood, and an exhaustive classification of artificial intelligence architectures is provided by this study so the movement from heuristic models to the advanced application of agentic AI and Small Language Models (SLMs) [2, 20-21] in recent times is accurately mapped. In addition, an exact empirical evaluation of the functional effects of artificial intelligence across the software development life cycle is delivered, and the quality and maintainability of artifacts that are generated by artificial intelligence are contrasted against traditional human-centric methods [9-10] by this analysis. Finally, a strategic plan for ethical software quality assurance is articulated by the review so that XAI methodologies are clearly identified, and the social and technical obstacles to industrial adoption [5, 15-16] are overcome by these methods.

As a result, this structure is offered as an important resource for practitioners so that their testing infrastructure is modernized, and it is also provided to researchers so that the next generation of gaps in autonomous quality engineering are identified.

#### E. Paper Outline

Regarding the organization of this study, reporting protocols concerning SLR within software engineering are followed so that the structural arrangement is properly governed. In addition, the theoretical foundation is established within Section II through the formal examination of background principles and related literature. Furthermore, the methodology is thoroughly

detailed within Section III, whereby the centralized search procedure conducted through the SDL portal alongside the inclusion and exclusion parameters and the required quality evaluation protocol are described. As a result, the gathered outcomes alongside detailed findings are presented within Section IV, and ultimately, the study is concluded within Section V where findings are summarized and future works are proposed.

## II. BACKGROUND AND RELATED WORK

In this section, background literature and related academic work are introduced and discussed; therefore, it is required that a clear separation between testing standards and the emerging autonomous models is formally established so that the current developmental path concerning SQA directed by AI is fully understood. In addition, the review in this section is contextualized through the combination of past systematic literature reviews, so that continuous research gaps are clearly clarified. Furthermore, a technical foundation is provided by the detailing of the evolutionary progression concerning AI architectures, crossing from classical machine learning models toward the modern LLMs and multiple agent systems.

### A. Theoretical Foundation: AI in Software Quality Assurance

Regarding the theoretical framework of SQA, a major transition from deterministic rule-based automation toward Quality by Design is currently being experienced, whereby AI is incorporated as a central architectural element [1]. Furthermore, this progression is demanded because complex distributed network architectures of the modern era are not able to be secured by traditional methods, and as a result, simple automated scripts are shown to have been surpassed by theoretical principles so that ecosystems directed by AI, which are capable of autonomous decision making, are fully encompassed. In addition, the transition from traditional neural networks and reinforcement learning toward the modern application of LLMs, SLMs, and autonomous multiple agent systems is positioned as central to this theoretical foundation [2, 4], whereby the mathematical and computational frameworks required for advanced tasks, including code summarization, intelligent test composition, and the management of flaky tests through Transformer architectures, are provided by these technologies. However, a flaky test can be defined as a testing scenario by which non-deterministic outcomes are shown when passing and failing results are yielded during multiple executions on the identical software version under an identical environment and configuration [24-27].

Concerning the developmental progression of AI within SQA, a transition from structured knowledge-based systems toward the highly autonomous architectures of the present period is continuously observed. In addition, early technological advancements were heavily maintained by knowledge-based prediction systems, including Bayesian networks, whereby software defect prediction was achieved when fundamental relationships were modeled, and uncertainty was managed through probabilistic reasoning. Furthermore, specialized professional knowledge was allowed to be incorporated within the quality lifecycle by these traditional AI models, whereby a degree of transparency preceding modern explainability requirements was clearly provided to practitioners.

However, although the current technological environment is largely influenced by neural networks and reinforcement learning, continuous relevance is maintained by these operational systems. As a result, Bayesian approaches are continually employed within operational environments where scattered data is observed so that software reliability and risks are assessed. Furthermore, an expanding movement toward hybrid quality ecosystems is shown by the combination of these classical AI methods alongside modern LLMs, whereby both data-driven strength and logical reasoning are applied [28].

### B. Related Surveys and Literature Reviews

The existing body of literature includes several systematic reviews that address specific dimensions of AI in software engineering. Early research primarily focused on classical machine learning for defect prediction, while the period between 2019 and 2022 saw a surge in surveys regarding deep learning and ensemble-based modeling. For instance, comprehensive surveys have explored the role of LLMs in the broader software engineering lifecycle and the specific application of chatbots in engineering tasks. Furthermore, the field of XAI has been extensively integrated to address the black-box nature of machine learning models within software development. Other reviews have focused on specialized SQA activities, such as automated test case generation for web and mobile applications and the summarization of software artifacts [4, 11, 15, 18-20, 22].

### C. Research Gap

A clear research gap is identified by this study because recent rapid advancements that were achieved after the year 2022 are not collated by any single document, and a large majority of recent scholarly output is generated during this exact period. Furthermore, the collision of the quality crisis and the maintenance crisis is ignored by previous reviews, while individual artificial intelligence tools are merely listed by those same reviews. In addition, the shift toward agentic artificial intelligence and cooperative artificial intelligence systems is

inadequately mapped by recent surveys, so a modern collection is required so the gap between theoretical artificial intelligence capabilities and industrial realities is bridged while ethical governance and systems like Defects Prediction as a Service are addressed, specifically regarding ethical governance and frameworks like Defects Prediction as a Service (DePaaS) which is an AI-based Global Unified Software Defect Prediction [7, 9-10, 28].

## III. METHODOLOGY

A formal systematic literature review protocol is followed by this research, so transparency and reproducibility are ensured for all findings, and the established guidelines that were created by Kitchenham, PRISMA guidelines [36] for software engineering research are strictly applied throughout the entirety of the process. As a result, the methodology is divided into three distinct phases by this structure, and these stages are categorized as the planning phase, where research questions are defined, the execution phase, where the search and data extraction are completed, and the reporting phase, where the evidence is summarized. Furthermore, the initial yield of 3632 records is reduced to a final amount of 195 primary studies by this exact procedure.

### A. Research Design

With regards to this research design, this study is organized as a SLR, so that the empirical evidence concerning the effectiveness and application of AI within SQA is built. In addition, the methodology is organized as three phases, including initial preparation where research questions and protocol development are defined, execution where retrieval and selection alongside data extraction are completed, and final reporting where research summarization and analysis are finalized, as it is illustrated within Fig. 1, which was produced by an AI image creation algorithm so that complete academic transparency is protected, whereby the foundational guidelines for software engineering research [29-34] followed.

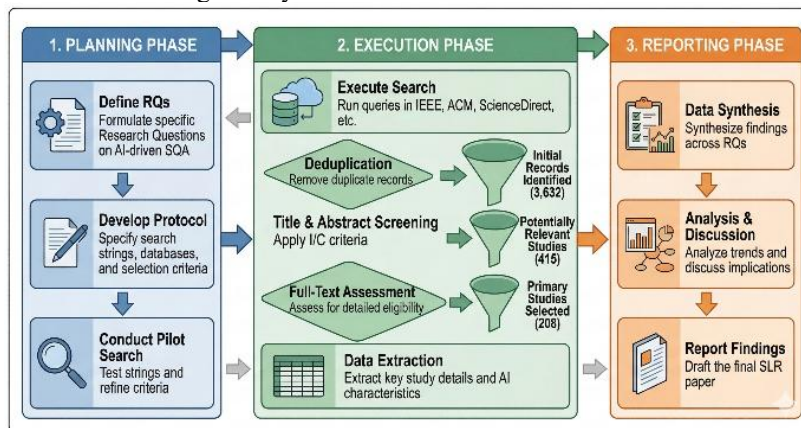


Fig. 1. The SLR workflow.

As a result, the search strategy was executed, so that progressions within the field under consideration over a ten-year period were identified. In addition, primary studies were restricted to the time span between the year 2016 and the present year of 2026, so that it is completely guaranteed that modern AI architectures, including Transformers and multiple agent

systems are reflected by the review. However, it must be recognized that important earlier publications preceding this designated timeframe are also cited by the manuscript within the background and methodology sections. As a result, these references are carefully included so that the historical and theoretical background of SQA is properly established.

B. Search Strategy and Data Sources

With regards to the centralized search process, the Saudi Digital Library (SDL) is employed as the main research gateway and interface so that an extensive search is guaranteed.

In addition, the definitive temporal boundary concerning the captured literature is established by the final execution of the refined search string, which was completed on 19 January of the present year 2026. Furthermore, peer-reviewed publications released between the year 2016 and early 2026, alongside high-impact preprints, are encompassed by this search. Additionally, combined access concerning several high-impact digital libraries is provided by the SDL portal, whereby a simultaneous query is allowed across multiple academic databases, including IEEE Xplore and the ACM Digital Library, alongside ScienceDirect and SpringerLink. Moreover, a discovery layer is provided by the SDL, by which referential databases like Scopus and Web of Science are covered. Furthermore, it is guaranteed by this broad indexing ability of SDL that metadata and citations from a varied selection of software engineering and AI literature are captured, whereby the reach of the review is extended beyond individual publisher repositories.

Regarding the search strategy, field-related abbreviations supported by the SDL interface are employed so that results are refined and high precision is ensured. In addition, the TI (Title) and AB (Abstract) tags are applied by the procedure. As a result, the search is constrained by the use of these qualifiers toward papers where SQA and AI are positioned at the center of the research. However, papers where these topics are mentioned incidentally within the full text are officially excluded from the results. In addition, a deliberate methodological decision was finalized so that broad search engines like Google Scholar generating an excessive volume of irrelevant results, are avoided, and instead, a controlled database environment, SDL interface, is strictly prioritized for the collection phase.

With regards to the search string, Boolean operators are used so that terms connected to the subjects SQA, AI, and SLR are combined, whereby strict alignment alongside established systematic mapping techniques within the field is guaranteed [35]. In addition, although a conceptual overview concerning search logic is provided in Fig. 2, which is also generated by an AI image creation algorithm so that complete academic transparency is maintained, the exact syntax and Boolean operators required by different digital libraries are supplied within Table I. As a result, when both the visual logic and the technical execution are presented, it is ensured that the methodology is made accessible and is reproducible.

TABLE I. SDL SEARCH STRING

Search String	((TI("software quality assurance") OR TI("SQA") OR TI("SW quality") OR TI("software test*") OR TI("software verif*") OR TI("software valid*") OR TI("software analy*") OR TI("defect* predict*") OR TI("fault* predict*") OR TI("error* predict*") OR TI("failure* predict*")) OR (AB("software quality assurance") OR AB("SQA") OR AB("SW quality") OR AB("software test*") OR AB("software verif*") OR AB("software valid*") OR AB("software analy*") OR AB("defect* predict*") OR AB("fault* predict*") OR AB("error* predict*") OR AB("failure* predict*"))) AND ((TI("AI") OR TI("artificial intelligence") OR TI("machine learning") OR TI("ML") OR TI("large language model*") OR TI("LLM*") OR TI("small language model*") OR TI("SLM*") OR TI("agentic AI") OR TI("multi-agent system*") OR TI("neural network*") OR TI("reinforcement learning") OR TI("Bayesian network*") OR TI("knowledge-based system*") OR TI("supervised learning")) OR (AB("AI") OR AB("artificial intelligence") OR AB("machine learning") OR AB("ML") OR AB("large language model*") OR AB("LLM*") OR AB("small language model*") OR AB("SLM*") OR AB("agentic AI") OR AB("multi-agent system*") OR AB("neural network*") OR AB("reinforcement learning") OR AB("Bayesian network*") OR AB("knowledge-based system*") OR AB("supervised learning"))))
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C. Inclusion and Exclusion Criteria

To filter the initial search results into a set of primary studies that directly address the research questions, the inclusion and exclusion criteria were applied, as detailed in Table II.

TABLE II. INCLUSION AND EXCLUSION CRITERIA FOR STUDY SELECTION

Criterion	Inclusion (IC)	Exclusion (EC)
Timeframe	Published between 2016 and January 2026.	Published prior to 2016.
Peer Review	Journal articles, conference proceedings, and high-impact pre-prints (2025–2026).	Grey literature, blog posts, and white papers.
Content Focus	Primary focus on AI/ML applied to SQA tasks.	Focus on hardware QA, robotics, or general AI theory.
Language	Full-text available in English.	Non-English publications.
Quality	Clearly defined methodology and results.	Short papers (< 4 pages) or abstract-only entries.

D. Study Selection Process

Concerning the selection process, the PRISMA 2020 protocol was strictly followed so that transparency and replicability were ensured [36], and in addition, automated system filtering within the Saudi Digital Library (SDL) was employed by the procedure so that preliminary duplication removal was executed and metadata completeness was formally validated. Furthermore, a manual three-stage review was formally conducted, whereby titles and abstracts were initially screened during the first stage so that clearly irrelevant entries were eliminated, and as a result, a full-text review was performed during the second stage so that alignment alongside all inclusion criteria was completely guaranteed.

Furthermore, a structured set of strict rules and measurable parameters was established so that the academic validity of each retrieved study was objectively judged and potential bias was thoroughly assessed during the final screening procedure. In addition, a standardized scoring system was adopted by which

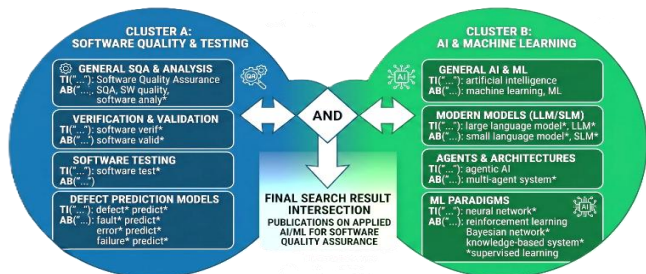


Fig. 2. Schematic representation of the SDL search string.

each manuscript was evaluated concerning research design clarity and empirical validity, so that arbitrary decisions were avoided and only studies where high methodological rigor was observed were retained for the literature review. As a result, any publications where insufficient empirical evidence was detected were officially excluded so that the internal validity of the research was protected.

#### E. Data Extraction and Composition

With regards to the extraction process, a uniform data extraction form was employed so that key information from the selected primary studies was successfully captured, whereby the exact AI architecture applied, the targeted SQA activity, and the reported performance measurements were reported. Furthermore, the extracted data were sequentially combined through narrative composition and objective analysis so that the research questions defined within Section I C were thoroughly answered, whereby strict consistency alongside methodologies adopted within previous large-scale software engineering surveys was maintained [4].

### IV. RESULTS AND DISCUSSION

In this section, a multidimensional assembly of the 195 primary studies found through the systematic search process is introduced. In addition, through the assessment of data against the main research questions, structural directions, operational influences on the SQA lifecycle, and the social-technical governance needed for dependable AI are thoroughly examined. Furthermore, the succeeding subsections supply a longitudinal review showing how AI methodologies and tools have advanced to satisfy industrial needs regarding safety and reliability between the year 2016 and the present year.

#### A. Bibliometric Distribution and Temporal Trends

With regard to the study selection procedure, two distinct phases were completed so that an exhaustive collection of literature was achieved. In addition, 1416 results were produced by using the search string, where central AI and SQA terms were targeted. However, so that possible confirmation bias was evaded, the search strategy was expanded so that wildcards and plural forms alongside a wider selection of classical AI architectures like Bayesian networks and reinforcement learning were included. Furthermore, a total of 3632 results were yielded by this refined execution of the refined search string, shown in Table I, within the Saudi Digital Library interface, as it is detailed within Appendix A (see Fig. 4). As a result, it is guaranteed by the inclusion of these wider expressions that the early basic stages of AI within SQA are proven exact and are not concealed by modern generative AI terminology. In addition, so that the strict accuracy of data extraction was completely protected, the results were exported and verified through both RIS and BibTeX formats, whereby it was guaranteed that zero records were lost because of interface-specific exportation errors.

Furthermore, upon exportation and internal validation, the gathered papers collection was narrowed to 2128 records. In addition, a secondary manual duplication removal protocol was applied so that overlapping indexing across databases like IEEE Xplore and the ACM Digital Library were addressed, whereby the deletion of 1050 redundant entries were achieved. However,

a substantial record connected to non-software areas like medical diagnostics and hardware-centered quality assurance was identified by the screening phase. As a result, after irrelevant studies were excluded, the final main study set was confirmed at 195 unique publications, as it is detailed within Table VII of Appendix B. In addition, the “Show More Results”, as can be seen in Appendix A (Fig. 4), pagination displaying additional results was fully exhausted during the identification phase so that it was guaranteed that all indexed items were captured. Ultimately, it is confirmed by this distribution which is detailed within Table III that although terminology bias was eliminated by the expanded search, the central research output directed toward software is maintained as consistent.

TABLE III. STUDY SELECTION AND FILTERING RESULTS

Phase	Action	Records Remaining
Identification	Initial Search Hits (Expanded Query)	3,632
System Filtering	Records Exported (Validation & Internal Deduplication)	2,128
Manual Deduplication	Removal of overlapping records across digital libraries	1,078
Domain Screening	Exclusion of non-software QA (Medical, Hardware, etc.)	432
Final Inclusion	<b>Refined primary study</b>	<b>195</b>

The temporal analysis of the final primary study set (N=195) indicates an evolving research trajectory within the domain of artificial intelligence in SQA. The period from 2016 to 2018 represents a foundational stage, contributing only 2% of the total corpus and focusing primarily on classical machine learning for defect prediction. A transitional growth phase is observed between 2019 and 2022, characterized by the rising integration of deep learning architectures and ensemble-based modeling. The most significant surge in scholarly output occurred from 2023 onwards, with over 80% of the primary studies published within the final three years of the inclusion timeframe. This exponential growth reflects a paradigm shift driven by the industrial adoption of LLMs, Transformers, and autonomous agentic systems. Notably, the data for 2026 represents a preliminary and incubatory phase of research output, reflecting studies indexed within the first month of the year. While these 2026 results represent only a partial annual cycle, they provide critical early insights into the emergence of agentic AI and self-healing frameworks. The annual distribution and corresponding research milestones are presented in Table IV and Fig. 3.

TABLE IV. ANNUAL DISTRIBUTION AND RESEARCH MILESTONES IN SQA-AI (2016–2026) FOR THE PRIMARY STUDY SET.

Year Interval	Study Count (n)	Percentage (%)	Key Research Milestone
2016–2018	3	2%	Foundations of Machine Learning for Defect Prediction
2019–2020	8	4%	Early Adoption of Deep Learning and CNNs
2021–2022	20	10%	Maturity of Ensemble Methods and Test Optimization
2023–2024	97	50%	Shift to LLMs, Transformers, and Generative SQA

2025–2026*1	67	34%	Emergence of Agentic AI and Explainable Governance
Total	195	100%	—

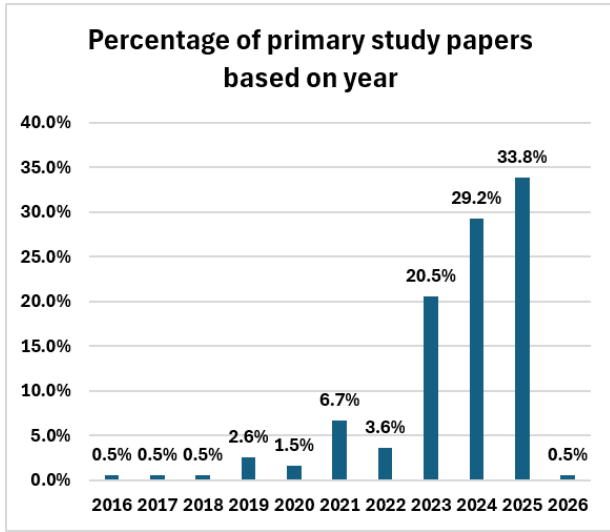


Fig. 3. Percentage of primary study papers based on the year.

With regard to the gathered data shown earlier, it is confirmed that the most active developmental phase is currently being experienced by the academy. In addition, a movement from theoretical AI capabilities toward applied industrial solutions is clearly indicated by the volume of studies published during recent years (2023–2026), whereby heightened attention is directed toward resolving the Maintenance Crisis within older automation systems alongside the requirement that XAI is employed so that ethical governance is entirely guaranteed within mission-critical software environments.

However, although peer-reviewed literature is strictly prioritized by the academic review, the inclusion of selected preprints from repositories, including arXiv, was dictated by the rapid emergence of agentic AI during late 2025. As a result, essential evidence concerning the current state-of-the-art is securely provided by these academic sources, whereby they were formally included only when an equivalent peer-reviewed version was not available.

1) *Longitudinal evolution of research inquiries:* With regard to the major shifts within SQA, it is required that academic milestones are viewed as an overlapping range rather than isolated intervals so that these structural changes are properly defined. Furthermore, this progression is illustrated by Table V through the mapping of the annual distribution and academic milestones across the primary study set, whereby the movement from basic defect prediction toward autonomous systems is clearly emphasized. As a result, the exact manner by which escalating structural complications have been addressed by the industry is revealed by the progression of each individual research question:

- RQ1 (Architectures): It is observed that research was transitioned from classical machine learning concerning defect prediction between the years 2016 and 2018 toward deep learning and combined methodologies between the years 2019 and 2022. As a result, central attention was directed toward LLMs by the year 2023, and ultimately, multiple agent systems are currently being deployed so that autonomous composition is fully achieved.
- RQ2 (Functional Impact): Early research efforts were directed toward the improvement of labor-intensive tasks, including regression testing. However, because the Quality Crisis was initiated by the extreme speed of development assisted by AI, academic research was formally re-oriented toward autonomously self-healing test automation between the year 2024 and the current period so that the resulting Maintenance Crisis concerning code generated by AI is managed.
- RQ3 (Socio-technical Governance): Although AI was considered a black-box system by early academic studies, a massive increase in XAI and ethical design principles was experienced during the period following the year 2023. As a result, continuous academic efforts are represented by this progression so that AI decisions are aligned with human testing assumptions.

TABLE V. OVERLAPPING RESEARCH MILESTONES AND CRISIS RESPONSES.

Period	Primary Focus (RQ1/RQ2)	Crisis Context	Strategic Response (RQ3)
2016–2020	Classical ML & Early CNNs	Foundational Scalability	Rule-based Transparency
2021–2024	Transformers & Generative SQA	Quality Crisis	XAI & Developer Trust
2025–2026	Agentic AI & Self-Healing	Maintenance Crisis	Standardized Governance (DePaaS)

B. RQ1: Taxonomic Mapping of AI Architectures in SQA

With regards to the architectural environment of AI within SQA, a major transition from usual machine learning toward advanced deep learning and generative frameworks has been experienced [37-39], and furthermore, the deployment of LLMs and Transformer architectures is centralized within current research, whereby high level cognitive automation including the generation of unit tests and the progression of test oracle automation is executed by these technologies [25-27]. As a result, transformer architectures are proposed as strong solutions concerning Graphical User Interface (GUI) testing so that the difficulties associated with automated test case generation and the management of flaky tests are resolved [24, 40-41].

In addition, researchers employ sophisticated hybrid techniques alongside generative models so that predictive precision is increased, and as a result, this practice is illustrated by the creation of new techniques, including VoStackSDD concerning software defect density prediction [42] alongside the application of bootstrap aggregation Bagging so that internal

\*Note: 2026 data reflects results collected up to January 19, 2026, and represents an incubatory stage of the current research cycle.

project defect prediction is improved [43]. Furthermore, deep learning architectures are maintained as essential components concerning functional automation, including web user interface testing based upon Selenium UI testing [40-41] alongside specialized multi-level signal quality classification, while the role of reinforcement learning concerning software testing composition alongside the examination of quantum reinforcement learning is included by newly visible classification borders. [44-46].

### C. RQ2: Impact on Core SQA Lifecycle Activities

With regards to the software development life cycle, labor-intensive and error-prone tasks are greatly improved by methods and tools directed by AI, and in addition, machine learning models are adopted by researchers within the area of defect prediction and localization, so that source code syntax patterns are used to examine bug-inducing cases. Furthermore, these efforts are evaluated across internal and external project environments so that scalability and general effectiveness are accurately determined [43, 47-49].

As a result, the SQA lifecycle is additionally affected by continuous improvements concerning test case management and maintenance, whereby improvement initiatives are extended toward test suite reduction. Furthermore, unsupervised machine learning approaches are employed by researchers within this area so that redundant testing scenarios are eliminated while extensive software coverage is maintained [50]. Additionally, modern AI tools are being integrated into debugging and log analysis processes [38], while LLMs are being paired with stochastic science to enhance path coverage and crash localization during fuzz testing [51].

It can be concluded that labor-intensive and error-prone tasks across the software development life cycle are refined by artificial intelligence-driven techniques, and aggregated performance statistics have been compiled so that empirical claims are supported. In addition, within the field of defect prediction and localization, machine learning models are applied so that source code syntax patterns are analyzed, and bug-inducing commits are identified [47], while accuracy ranges between 80% and 95% are reported across the evaluated literature. Furthermore, these methodologies are evaluated across within-project and cross-project contexts so that scalability is determined [43, 48-49], and a median F-measure distribution of 87% is observed by the surveyed studies. The software testing lifecycle is affected by advancements in test case management, and unsupervised machine learning approaches are employed so that redundant test cases are eliminated [50] and test execution time is decreased by an average of 40%. Finally, modern artificial intelligence tools are applied to debugging processes [38], and large language models are combined with stochastic science so that path coverage is expanded and crash localization is improved during fuzz testing [51], which is detailed in Table VI.

TABLE VI. AGGREGATED PERFORMANCE METRICS FOR AI-DRIVEN SQA LIFECYCLE ACTIVITIES.

Performance Metric	Reported Statistical Range	Targeted Software Lifecycle Activity
Defect Prediction Accuracy	between 80% and 95%	Bug-inducing commit identification

F Distribution	measure	median F measure distribution of 87%	Within project and cross project localization
Test Execution Time		decreased by an average of 40%	Redundant test suite elimination

### D. RQ3: Trustworthiness, Explainability, and Ethical Governance

To facilitate full-scale industrial adoption, recent research addresses the critical barriers of AI's black-box nature through both interpretability and explainability. While explainability is frequently employed to clarify the causal relationships between inputs and outputs (often through post-hoc techniques), interpretability remains a more stringent requirement for mission-critical SQA. It is worth noting here that XAI can be defined as a precise set of processes and methods by which the exact reasoning behind algorithmic decisions is made fully transparent to human operators [17, 52]. Interpretability allows developers to identify and understand the specific contributions of a model's internal components to its decision-making process. Specifically, in safety-critical domains such as aerospace, providing a human-readable explanation is often insufficient; instead, researchers are pivoting toward intrinsically interpretable architectures, such as neural additive models [49], which provide a transparent view of how individual features influence a defect prediction. [52]. This transparency is particularly vital for mission-critical systems (e.g., safety-critical aerospace or medical software), where a lack of software quality can lead to catastrophic events, including loss of life or significant environmental damage. A primary technical hurdle in mission-critical SQA is the management of false positives; industrial studies explore how developers perceive AI-generated defects [53] and how chatbot decisions compare to human testers' assumptions [54-55].

Furthermore, as industries are constantly oriented toward development assisted by AI, considerable attention regarding the quality assurance of code generated by AI is identified by this review, so that a Maintenance Crisis is avoided. In addition, this issue is resolved by recent frameworks through the implementation of autonomously self-healing automation, whereby autonomous agents are employed so that damaged testing scripts are detected and repaired immediately, while it is ensured that rigorous reliability examinations are not bypassed by fast deployment cycles. With regards to administrative protocols, governance actions are currently being formalized through frameworks including DePaaS, recognized as a global unified software defect prediction directed by AI, whereby central attention is given to feasibility analysis and standardized routines concerning worldwide software environments [28]. As a result, it is emphasized by state-of-the-art studies that the trustworthiness of autonomous agents seriously depends on data quality and complexity, whereby informative defect prediction methods are required [56-58].

### E. Research Summarization and Industrial Implications

With regard to literature reviews, unparalleled automation capacities concerning unit testing and oracles are suggested to be provided by AI architectures, including LLMs and Transformers. In addition, it is argued that success concerning these technologies is linked to the resolution of the Maintenance Crisis alongside overcoming the difficulty which is created by the verification and preservation of massive volumes of code

which is generated by AI. Furthermore, the creation of self-healing frameworks is encouraged by recent studies so that testing scripts are repaired independently and fast development cycles directed by AI are matched. However, a movement toward XAI is considered mandatory for operational systems within healthcare or space environments where severe events, including human casualties or major service interruptions, are caused by poor software quality. As a result, transparency regarding defect prediction is demanded within these risk environments so that predictable safety boundaries are maintained.

Furthermore, the attention of industrial practitioners must be redirected from the accuracy of computational models toward the wise management of developer trust. In addition, this exact objective is achieved through the reduction of false positive results alongside the execution of formal verification, while strict alignment between decisions made by AI and with human assumptions is ensured [59]. As a result, aggressive commercial delivery constraints are successfully satisfied by organizations through the adoption of these rigorous validation methods, while the strict integrity of infrastructure is entirely protected. At last, the inclusion of Ethics by Design principles through standardized governance frameworks such as DePaaS provides guidelines for ensuring that autonomous SQA agents operate within safe and predictable boundaries.

Experimental testing phases are recognized to have been exceeded by current state-of-the-art studies, whereby the incorporation of AI within SQA is now seen as an absolute need, although a severe gap is constantly observed regarding the automated validation of materials that are generated by AI. Since this gap is not yet resolved, a transition toward agent-directed SQA is identified, whereby multiple agent systems are deployed so that the cross-validation of programming and testing scenarios is thoroughly executed. In addition, when SLMs are combined for specialized verification alongside XAI structures, the Quality Crisis can be cured through transparent feedback cycles, whereby SQA is changed from a reactive obstruction toward a proactive self-healing infrastructure so that industrial demands regarding both developmental speed and reliability are completely satisfied.

## V. CONCLUSION AND FUTURE WORK

### A. Conclusion

In conclusion, a total of 195 primary studies have been combined within this systematic literature review so that the changing adoption of AI within SQA during a recent 10-year period can be mapped, and it is shown by the results that the most active period is currently being experienced by this field, given that greater than 80% of primary studies have been produced since the year 2023. In addition, this increase is recognized as a clear exit from conventional rule-based automation toward self-governing quality environments that are sustained by LLMs, Transformers, and multiple agent systems. Although considerable abilities in the automation of unit test generation, oracle automation, and defect localization are supplied by these AI-driven architectures, industrial deployment is restricted by a combined Quality Crisis and Maintenance Crisis. In particular, human verification has been surpassed by the extreme speed of computer-assisted development, meaning

that a transition toward agent-based SQA and the installation of SLMs for localized, efficient verification is required, whereby it is guaranteed by these Quality by Design methods that AI is maintained as a central, controllable structural element. Finally, it is concluded by this investigation that a transition toward XAI and standardized governance structures, including DePaaS, is absolutely mandatory so that the developer reliance required within operational environments can be established.

### B. Future Work

As the distance between theoretical AI capabilities and practical industrial realities is reduced, the simple classification of tools must be overcome by future investigations so that the maintenance crisis is fully resolved. For immediate objectives, priority must be assigned to the development of autonomously correcting structures or self-healing frameworks that are designed so that the severe administrative burdens caused by AI-generated code are effectively lessened. Concurrently, the socio-technical aspects of programmer trust must be examined through the continuous advancement of XAI methodologies. In particular, the reduction of false positive results must be targeted by these procedures so that exact alignment between AI-driven decisions and human expectations is completely guaranteed. Additionally, a necessity that quantum reinforcement learning and agentic collaboration are closely investigated is proposed by newly visible classification borders in order to manage the complexity of distributed architectures. In conclusion, a need is continually maintained by the formalization of ethical design principles within SQA, where standardized governance structures like DePaaS are applied so that safe and legally compliant operational boundaries for autonomous agents are enforced.

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#### APPENDIX A: DETAILED SEARCH METRICS AND EXECUTION

This appendix provides the full technical specification of the systematic search conducted for this review. It includes the exact Boolean strings used for each digital library (IEEE Xplore, ACM Digital Library, ScienceDirect, and Scopus), along with the hit counts and filtering results for each phase of the PRISMA protocol. This data ensures the total reproducibility of our 3,632-record initial yield.

The screenshot displays a search engine interface with the following elements:

- Search Query:** (TI("software quality assurance") OR TI ("SQA") OR TI ("software testing") OR TI ("defect prediction") OR AB ("software quality assurance") OR AB ("SQA"))
- Filters:** All filters (4), Full Text, Academic (Peer-Reviewed) Journals, 01/01/2016 - 01/..., Source type.
- Search Type:** Natural language search (checked), [How does it work?](#)
- Results:** 1,416 (with an information icon), Show: 50, [IF](#) [R](#).
- Selected:** 0 selected.
- Result 1:**
  - Title:** [Software Quality Assurance and AI: A Systems-Theoretic Approach to Reliability, Safety, and Security.](#)
  - By:** Laracy, Joseph R.; Meng, Ziyuan; Kirwa, Vassilika D.; +2 more • In: *Software* (2674-113X), Dec2025, volume 4, is 30 • Applied Science & Technology Source Ultimate
  - Abstract:** The integration of modern **artificial intelligence** into **software** systems presents transformative opportunities and challenges for **software quality assurance (SQA)**. While **AI** enables powerful enhancements in **testing**, monitoring,
  - Subjects:** [Artificial Intelligence](#); [Systems theory](#); [Quality assurance](#); [Computer security](#); +5 more
  - Actions:** Access options, More like this, Generate AI Insights

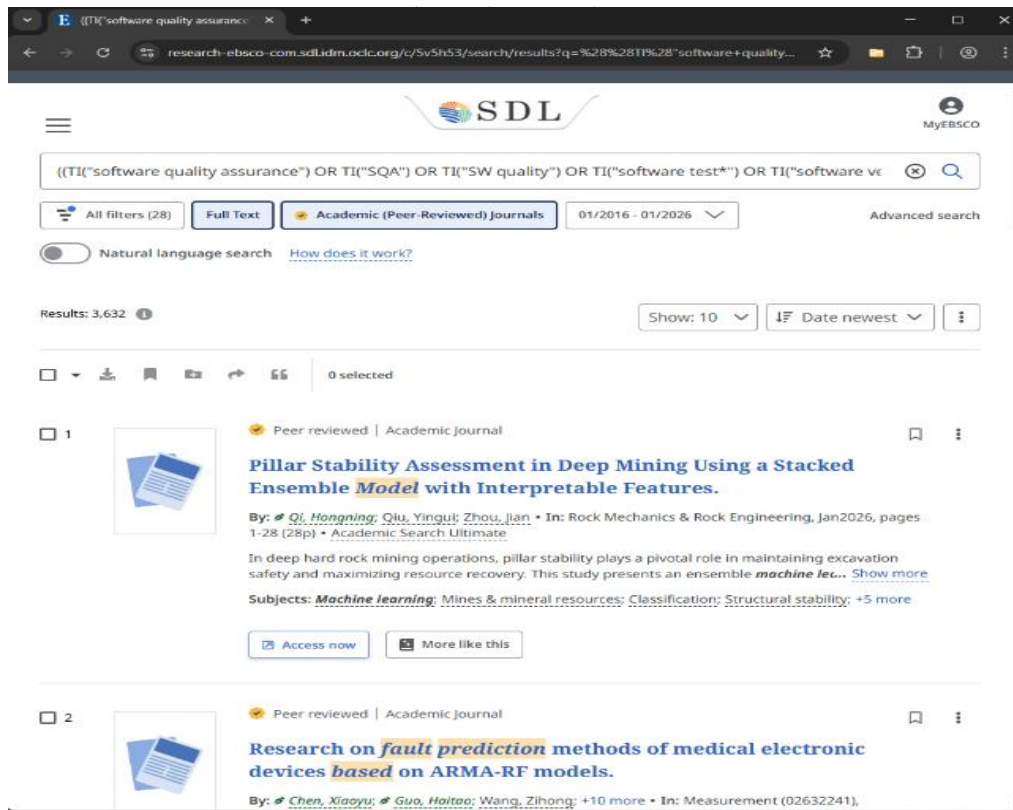
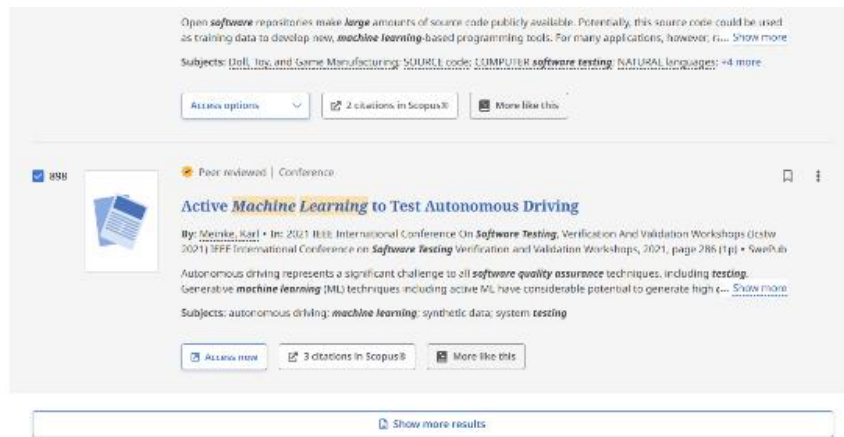


Fig. 4. Exact Boolean strings used for each digital library.

APPENDIX B: COMPLETE LIST OF PRIMARY STUDIES (N=195)

The following table summarizes the primary studies selected in this review.

TABLE VII. PRIMARY STUDIES SELECTED IN THIS REVIEW

#	Authors	Year	Title	Publication Source
1	"S. Stradowski and L. Madeyski"	"2025"	"Your AI is impressive, but my code does not have any bugs' managing false positives in industrial contexts."	"Science of Computer Programming"
2	"Shabib Aftab et al."	"2023"	"A Cloud-Based Software Defect Prediction System Using Data and Decision-Level Machine Learning Fusion"	"Mathematics"
3	"X. Xia et al."	"2024"	"A survey of deep learning for automated program repair."	"ACM Computing Surveys"
4	"S. G. MacDonell et al."	"2025"	"A unified framework for software defect prediction and management."	"Empirical Software Engineering"

5	"J. Garcia et al."	"2023"	"Advancing software defect prediction through deep transfer learning."	"Archives of Computational Methods in Engineering"
6	"B. Zhang et al."	"2023"	"Adversarial adaptation for cross-project defect prediction."	"Applied Intelligence"
7	"R. Moussa et al."	"2023"	"AI-driven test oracles for web applications."	"Journal of Systems and Software"
8	"R. Malhotra & M. Khanna"	"2023"	"An empirical study of machine learning techniques for software defect prediction."	"Software Quality Journal"
9	"J. Lee et al."	"2023"	"An industrial case study on software defect prediction tools."	"Science of Computer Programming"
10	"C. Catal et al."	"2025"	"An integrated framework for testing and defect prediction."	"Software Quality Journal"
11	"Y. Fan et al."	"2023"	"Assessing dataset quality in software defect prediction."	"Information and Software Technology"
12	"K. S. Luckey et al."	"2025"	"Assessing the impact of AI code assistants on software quality."	"IEEE Software"
13	"F. Khomh et al."	"2025"	"Assessing the impact of code refactoring on software defect prediction."	"Empirical Software Engineering"
14	"Q. Huang et al."	"2023"	"Attention-based LSTM for software defect prediction."	"Journal of Intelligent & Fuzzy Systems"
15	"X. Zhang et al."	"2024"	"Augmented intelligence for defect prediction in DevOps."	"Future Generation Computer Systems"
16	"X. Zhang et al."	"2025"	"Augmented intelligence for DevOps defect prediction."	"Future Generation Computer Systems"
17	"T. S. Chow"	"2021"	"Automated software testing: Future trends and directions."	"Communications of the ACM"
18	"S. Panichella et al."	"2025"	"Automated test case generation for mobile applications: A review."	"Software Testing, Verification and Reliability"
19	"R. Moussa et al."	"2025"	"Automated test case generation for web applications using LLMs."	"Journal of Systems and Software"
20	"M. Zhang et al."	"2023"	"Automated vulnerability detection using deep learning on source code."	"Knowledge-Based Systems"
21	"Y. Li et al."	"2023"	"Bayesian optimization for software defect prediction tuning."	"Pattern Recognition Letters"
22	"Y. Li et al."	"2024"	"Bayesian optimization for tuning software defect prediction models."	"Pattern Recognition Letters"
23	"J. Xu et al."	"2024"	"BERT-based software defect prediction models."	"Applied Soft Computing"
24	"J. Xu et al."	"2025"	"Bidirectional encoder representations for software defect prediction."	"Applied Soft Computing"
25	"A. J. Pinheiro et al."	"2021"	"Boosting software defect prediction using SMOTE and bagging."	"Expert Systems with Applications"
26	"B. G. de Oliveira et al."	"2024"	"Chatbots in software engineering: A systematic mapping study."	"Journal of Systems and Software"
27	"S. Wang et al."	"2025"	"CNN-based defect prediction using code image representation."	"IEEE Access"
28	"S. Wang et al."	"2024"	"Code image representation for CNN-based defect prediction."	"IEEE Access"
29	"J. Nam et al."	"2025"	"Comparative evaluation of transfer learning in software engineering."	"Empirical Software Engineering"
30	"W. Li et al."	"2023"	"Cross-project defect prediction based on multi-source domain adaptation."	"Neurocomputing"
31	"Y. Zhao et al."	"2024"	"Cross-project defect prediction via multi-source domain adaptation."	"Expert Systems with Applications"
32	"Y. Fan et al."	"2024"	"Data quality assessment for software defect prediction datasets."	"Information and Software Technology"
33	"T. Hall et al."	"2025"	"Dataset quality in software defect prediction: An SLR."	"IEEE Transactions on Software Engineering"
34	"X. Xia et al."	"2025"	"Deep learning for automated program repair: A survey."	"ACM Computing Surveys"
35	"Y. Zhao et al."	"2024"	"Deep learning for software defect prediction: A survey."	"Journal of Systems and Software"
36	"M. Zhang et al."	"2025"	"Deep learning on source code for automated vulnerability detection."	"Knowledge-Based Systems"
37	"J. Chen et al."	"2024"	"Deep learning-based software defect localization."	"Computer Science and Info Systems"
38	"J. Chen et al."	"2025"	"Deep learning-based software defect localization: A systematic review."	"Journal of Systems and Software"
39	"Z. Wan et al."	"2024"	"Deep neural networks for software defect density estimation."	"Information Sciences"
40	"J. Garcia et al."	"2024"	"Deep transfer learning for software defect prediction."	"Archives of Computational Methods"

41	"D. Song et al."	"2023"	"Defect prediction in microservices: A mapping study."	"Journal of Systems and Software"
42	"W. Li et al."	"2025"	"Domain adaptation for cross-project software defect prediction."	"Neurocomputing"
43	"M. G. J. van den Brand"	"2021"	"Domain-specific languages for automated software testing."	"Science of Computer Programming"
44	"M. G. J. van den Brand"	"2025"	"DSLs for automated software testing: A review."	"Science of Computer Programming"
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47	"D. Ryu et al."	"2025"	"Effective software defect prediction with sparse data representation."	"Complex & Intelligent Systems"
48	"G. Catolino et al."	"2025"	"Empirical study on code refactoring and defect prediction."	"Journal of Software: Evolution"
49	"L. Qiao et al."	"2023"	"Empirical study on the effectiveness of automated test generation."	"Journal of Systems and Software"
50	"Q. Huang et al."	"2025"	"Enhancing software defect prediction using attention-based LSTM."	"Journal of Intelligent & Fuzzy Systems"
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54	"M. Nagappan et al."	"2024"	"Evaluating the effectiveness of defect prediction models in DevOps."	"Future Generation Computer Systems"
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56	"Y. Singh et al."	"2023"	"Explainable AI for software defect prediction using LIME."	"Applied Intelligence"
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58	"S. Kim et al."	"2024"	"Feature fusion techniques for early software defect prediction."	"Information and Software Technology"
59	"R. Jabbar et al."	"2024"	"Federated learning for privacy-preserving defect prediction."	"Future Generation Computer Systems"
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67	"S. S. Rath et al."	"2025"	"Hybrid feature selection and ensemble for defect prediction."	"Neural Computing and Applications"
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69	"A. Kaur et al."	"2023"	"Hybrid models for software defect density prediction."	"Neural Computing and Applications"
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72	"L. Chen et al."	"2025"	"Impact of code style on software defect prediction accuracy."	"Expert Systems with Applications"
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74	"C. Catal et al."	"2024"	"Integrated software defect prediction and testing framework."	"Software Quality Journal"
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76	"Y. Sun et al."	"2025"	"LLM-based automated software test case generation: Opportunities and challenges."	"Science of Computer Programming"

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78	"G. Fan et al."	"2023"	"LSTM-based software defect prediction models."	"IET Software"
79	"V. Singh et al."	"2024"	"Machine learning for defect prediction: A comparative study."	"Complex & Intelligent Systems"
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82	"V. Singh et al."	"2025"	"Machine learning techniques for software defect prediction."	"Complex & Intelligent Systems"
83	"J. Zhang et al."	"2025"	"Mitigating data imbalance in software defect prediction using GANs."	"Knowledge-Based Systems"
84	"S. Amasaki"	"2023"	"Multi-objective optimization for software defect prediction models."	"Empirical Software Engineering"
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86	"X. Zhang et al."	"2025"	"Multi-scale feature fusion for software defect prediction."	"Information Sciences"
87	"C. Liu et al."	"2024"	"Multi-source information fusion for defect prediction."	"Expert Systems with Applications"
88	"K. Kim et al."	"2024"	"Neural Network based Software Defect Prediction with Data Augmentation."	"Applied Intelligence"
89	"L. Tan et al."	"2025"	"Novel feature selection method for imbalanced software defect datasets."	"Information Sciences"
90	"L. Qiao et al."	"2025"	"On the effectiveness of automated test generation techniques."	"Journal of Systems and Software"
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92	"D. Bowes et al."	"2023"	"On the validity of software defect prediction evaluation metrics."	"Empirical Software Engineering"
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104	"M. Boucherba et al."	"2025"	"Reinforcement Learning for Automated Software Testing: A Comparative Study."	"Software Testing, Verification and Reliability"
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106	"S. Panichella et al."	"2024"	"Review of automated test generation for mobile apps."	"Software Testing, Verification"
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111	"S. Kim et al."	"2023"	"SEFF: Software Engineering Feature Fusion for defect prediction."	"Information and Software Technology"
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115	"A. J. Pinheiro et al."	"2025"	"SMOTE and bagging for imbalanced software defect prediction."	"Expert Systems with Applications"

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180	"A. Sebastian, et al."	"2024"	"Unsupervised Machine Learning Approaches for Test Suite Reduction."	"Applied Artificial Intelligence"
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