Enhancing Student Well-Being Prediction with an Innovative Attention-LSTM Model

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Abstract—This study introduces a groundbreaking method for predicting scholar well-being with the use of a sophisticated interest-primarily based Long Short-Term Memory (LSTM) version. Addressing the developing problem of intellectual health in academic settings, the studies pursuits to provide new insights and powerful techniques for reinforcing pupil mental well-being. The recognition is on enhancing the prediction of mental fitness issues via the revolutionary use of interest-primarily based LSTM algorithms, which excel in discerning various ranges of relevance among input facts points. The version leverages a unique methodology to procedure various datasets, which include academic information, social media activity, and textual survey responses. By emphasizing sizable capabilities like language patterns and shifts in educational performance, the attentionbased totally LSTM version overcomes barriers of conventional predictive techniques and demonstrates superior accuracy in figuring out subtle indicators of mental health troubles. The schooling dataset is categorized into behavioral states along with "healthy," "confused," "traumatic," and "depressed," allowing the version to build a strong learning foundation. This research highlights the transformative ability of superior interest-primarily based strategies, offering an effective device for improving our know-how and predictive capabilities concerning adolescent mental fitness situations. The study underscores the significance of integrating progressive device studying tactics in addressing intellectual health demanding situations and enhancing standard scholar well-being. Upon implementation and rigorous checking out in Python, the proposed technique achieves a notable accuracy price of 98.9% in identifying mental fitness issues among college students. This observe underscores the transformative potential of superior interest-based totally strategies, thereby improving the expertise and predictive competencies concerning mental fitness conditions in teens.

Keywords—Student mental health; attention-based LSTM; wellbeing enhancement; predictive modelling; innovative techniques

I. INTRODUCTION

The way of life humans lead these days is causing more and more people to experience high levels of pressure. Trying to be successful and the pressures of faculty and work are a number of the primary motives humans feel burdened [1]. More pressure makes it much more likely for people to have many intellectual and bodily health problems [2]. The effects of stress on fitness were examined in an assessment, which highlighted the ability harm it can inflict on situations which include asthma, rheumatoid arthritis, tension issues, depression, cardiovascular disorder, continual ache, HIV/AIDS, stroke, most cancers, in addition to accelerating the ageing process and shortening lifespan [3]. Moreover, pressure can cause a lack of mind cells and a lower in brain size [4]. In addition to the bodily ailments which can result from strain and feature lengthy-term destructive results on people's fitness, several mental distresses may drive people to commit suicide [5]. A recent look at 67,000 university students observed that 75% of them skilled a time after they felt stressed within the beyond 12 months [6]. Additionally, 20% of students stated they were harassed more than five times. In a study, scientists found that college students are becoming more anxious [7]. Adding on to the fact that people are becoming more stressed, there are ways to protect ourselves from its negative effects. These include doing activities like meditation, exercising, getting enough sleep, not checking email too often, practicing yoga, listening to music, getting massages, and chewing gum [8]. These precautions can help reduce the harm caused by stress. Based on the studies research talked about, people see that stress can greatly impact people. By taking precautions early on, many people's lives can improve [9].

Higher education means going to college or university to learn new things. College life can be tough because of the difficulties and problems that come your way. But it is possible for the student to succeed. These days, many students are complaining because they feel very stressed out in college [10]. The amount of stress will be getting higher as the semester comes to a close. Many students feel nervous and sad at the end of the semester more than at the start. The amount of stress increased during the learning process because of things like tests, assignments, and exams. In addition to that, other things also contribute to the mental health of students [11]. On the other hand, students are at a high risk of having mental health issues because of problems within their family, not having a clear idea of what they want to do for their career in the future, struggling financially, and living away from home. In addition, trying to balance university and other parts of life can also put students at risk of mental health issues. Also, the student who shows signs of mental health issues said that they aren't getting any help or seeking assistance for their emotional problems [12]. The student doesn't think it's a big deal because their friends are also experiencing the same symptoms, which is considered normal in college. However, some people know that they need help, but they are too afraid to ask for it. The negative beliefs about people with mental health issues stopped the students from getting treatment. The stigma causes society to discriminate or have negative opinions about people with mental health problems. The negative views and judgments society has about mental health issues can have a bad effect. This makes students with mental health problems not want to get help because they are scared of how society will see them. In addition, they believe that these individuals are unwell and have excessive emotions, appearing to be insane. So, it is important for the university to think about new ways to help students get the right help for mental health issues [13].

The goal is to understand and enhance human mental health by using data about behaviour and smart computer programs. Research is mainly looking at data from mobile phones, and wants to predict how comfortable people feel using their phones. To do this, research needs data from people's responses, which will be used to make predictions for future cases. When it comes to the point, historical information and algorithmic techniques are checked. In this project, research is trying to use a computer program to tell if someone is feeling stressed or not. Also using data from sensors in smartphones to do this. The main scientific finding of this study is the use of a powerful algorithm called LSTM to recognize daily stress levels using data from a person's mobile phone. Recurrent Neural Network (RNN) and similar techniques have been very successful in analysing data that comes in a sequence [14]. The RNN works in a way that helps us find connections between different features and keeps important information throughout the entire sequence. Because the dataset contains time-based information, can create sequences for various time spans to effectively use in RNN. Research study how to recognize stress using machine learning by using a type of artificial intelligence called Recurrent Neural Network. This helps save time and effort in creating the necessary features for the model, making the solution faster and more efficient. Here, guessed that because of how RNNs work and the type of information give them, RNN can guess which students are stressed by looking at how they vary over time. To make sure that RNN is suitable for the proposed application and stress recognition task, also used the Student Life dataset. Research created a LSTM model to determine if people are stressed or not. And are comparing different algorithms (CNN and CNN-LSTM) with LSTM using validation methods. With all the things found, were able to accurately predict outcomes 98. 9% of the time on the test set using the LSTM model. Here are the key contributions of the working process are as follows

- Combines attention mechanisms with Long Short-Term Memory (LSTM) networks for improved accuracy.
- Uses min-max normalization for standardization of input data.
- Focuses on significant components like language patterns and academic performance changes.
- Incorporates diverse data sources like academic transcripts, social media activity, and text-based survey responses.
- Provides a comprehensive picture of students' wellbeing for accurate, context-aware mental health forecasts.
- Supports effective early intervention and assistance strategies for better student mental health management.

The rest of the study is structured as follows: In Section II, the existing research on student mental health detection problems is reviewed. In Section III, problem statements were discussed. The suggested strategy is described in Section IV. System models that were developed theoretically are provided in Section V, which discusses the performance review. The study's conclusion is discussed in Section VI.

II. RELATED WORK

In Malaysia nowadays, mental health concerns are becoming a major challenge [15]. Typically mental health disorders are medical conditions that affect an individual's feelings, thoughts, behaviours, and interpersonal interactions. The National Health and Morbidity Survey (NHMS) 2017 found that one in five Malaysians suffers from depression. Following this, a quarter of persons experience stress, and two out of every five experience anxiousness. Students in higher learning are among the groups most susceptible to mental wellness issues. Helping someone who suffers from a mental health condition becomes more challenging when it comes to recognising the contributing variables. This research aims to (1)evaluate mental health problems among students in academic institutions, (2) identify relevant variables, and (3) explore machine learning currently in use for analysing and predicting mental health problems among students in courses of study. The results of this paper are going to be employed in future research that uses software modelling to further examine mental health issues.

The purpose of this study [16] was to use algorithmic learning to detect prospective risk variables and look at the incidence of likely anxiousness and sleeplessness especially among college learners while the COVID-19 pandemic. 2009 students participated in the study, and the findings indicated that 12.49% of them likely suffered from anxiety, and 16.87% likely had sleeplessness. High prediction accuracy was shown by machine learning, most especially by the XGBoost approach, with 97.3% accuracy for anxiety and 96.2% accuracy

for sleeplessness. A background of anxiety-related symptoms, intimate relationships, thoughts of self-harm, sleep issues, and anxiety were major variables that likely contributed to the anxiety. Significant characteristics in the likely sleeplessness instance were romantic connections, psychotic episodes, violence, and suicide thoughts. These results emphasise the significance of prompt mental health treatments, considering into account the risk that has been discovered factors, for undergraduate pupils experiencing signs such as anxiety and sleeplessness. The use of machine learning methods and wireless sensing technology for mental well-being detection and rehabilitation is becoming more and more popular. Historical data, including communication, movement, and usage of cell phones habits, has been utilised by researchers to measure people's mood and well-being efficiently. Applying location data acquired by cell phones, also examines in this research the predictive power of model neural networks for individuals' stress levels.

Private medical records are abundant due to the commoditization and widespread usage of accessible biosensors, such as exercise bracelets, yet the user often receives inadequate analytics from these devices [17]. By exploring if greater ranges of strain, tension, and despair elements that could impact cardiovascular characteristics and fashionable well-being measures might be reliably forecast by way of utilising coronary heart fee variability (HRV) statistics from wrist wearable alone, the practicality of eating again more complicated, reputedly unrelated determines to customers became explored. Subjective assessments finished weekly or twice-weekly via 652 people were used to assess tiers of stress, anxiousness, melancholy, and normal fitness. After that, the ratings were transformed on every fitness size into binary levels (above or below a certain threshold), which were then utilised as identifiers to teach Deep Neural Networks (LSTMs) to categorise each fitness metric with the use of simply HRV information. Three one-of-a-kind styles of data input had been analysed: time domain, frequency domain, and ordinary HRV readings. 83% and 73%, respectively, of the five- and-minute HRV statistics streams confirmed the category accuracy of intellectual health indicators. These factors stepped forward prediction accuracy and potential uses for wearables to assess health and tension within the destiny.

The goal of this project [18] was to create a technique that relies on machines for forecasting mental health based on individual perceptions and passively gathered data from wearable and mobile phones. 943 outpatients provided the data, which included a wide range of behavioural observations with a sizable quantity of missing data. For preliminary data analysis and feature extraction, the study used probability variable latent simulations, such as blended models and secret Markov models. The findings showed that models that took into account the likelihoods of latent states functioned better than other models, demonstrating the significance of the behavioural trends that were shown to be predictive for psychological states. With an AUC of 0.81 and an AUC-PR of 0.71, the top-performing models had great predictive accuracy, while personalised models outperformed by taking specific factors into account. These outcomes provide useful instruments for therapeutic applications by demonstrating the viability of machine learning frameworks for tracking patients' mental health using mobile sensor data, particularly in the face of noisy, diverse, and inadequate data.

The frequency of intellectual fitness problems among Malaysian students all through the COVID-19 epidemic is investigated in this examine. The have a look at discovered that 12.Forty nine% of college students had anxiety and 16.87% had insomnia using device mastering strategies. The XGBoost approach confirmed tremendous anxiety and insomnia prediction accuracy. The utility of wi-fi sensing technologies and gadget getting to know for the identification of intellectual fitness become additionally investigated on this look at. With an 83% type accuracy, heart fee variability facts from wrist wearables turned into used to expect strain, tension, and disappointment. In addition, the have a look at concentrated on passive statistics amassing from cellular phones and wearables and human perceptions to forecast mental fitness.

III. PROBLEM STATEMENTS

The growing quantity of intellectual fitness issues that Malaysians particularly people who are enrolled in faculty are experiencing is a subject addressed inside the study summaries that are presently accessible. Moreover, effective methods for spotting and waiting for intellectual health troubles are wanted [15]. The growing frequency of intellectual fitness problems which includes anxiety and sleeplessness in addition to the growing use of wearable and machine studying technology are a number of the number one troubles [18] to comprehend chance factors and right away administer mental health care. In order to assist sell greater effective intellectual fitness analysis and treatment strategies, this studies objectives to evaluate intellectual fitness worries, pick out applicable elements, and explore machine getting to know methods for psychological assessment and prediction.

IV. PROPOSED FRAMEWORK

By combining attention-primarily based LSTM (Long Short-Term Memory) processes, a greater state-of-the-art method is offered on this work to enhance the prediction of college students' mental health statuses. In order to standardise the enter information and put together it for analysis, the investigation starts with records pre-processing using min-max normalisation. Next, a neural network version known as an Attention-primarily based LSTM is used to perform the prediction. This framework uses interest procedures to efficaciously extract and examine the maximum pertinent statistics from the information, improving the prediction's precision in forecasting the intellectual health statuses of college students. With extra correct and context-aware mental fitness forecasts among college students feasible with this approach, initial remedies and assistance can also prove to be greater successful. Fig. 1 describes the workflow of pupil intellectual fitness kingdom prediction.



Fig. 1. Workflow of student mental health state prediction.

A. Data Collection

This section addresses the process of gathering data from two distinct sources [19]. They used popular API wrappers, PRAW and Tweepy, to get their own data sets from Reddit and Twitter. Task 1's Fig. 3 depicts the whole data-gathering process for the suggested framework. People choose relevant terms for Twitter that are preceded by the hashtag, which stands for the primary idea of material related to particular subjects. In order to obtain the Reddit data, first narrowed down the subreddits that best suited the search terms. These platforms provide application programming interfaces (APIs) like PRAW and Tweepy, which access the data.

B. Pre-processing with Min-Max Normalization

The transformed records have been subjected to facts standardization so that it will lighten the network's computational load. The role coordinates, x, y, and z are normalized by the use of a Min-Max method to the variety [0, 1]. The capability of the community to converge is advanced with the aid of the usage of Max-Min normalization and gaining knowledge of bounded objectives. The basic data preparation technique of min-max normalization guarantees that the numerical characteristics or parameters are adjusted to a selected variety, often among 0 and 1. In order to improve the suitability for analysis and goal detection algorithms, raw record values ought to be standardised in this system. By aligning the facts into the algorithms' preferred input variety, min-max normalization will increase the efficiency and precision of the techniques. By shifting these outliers in the direction of the top or lower boundaries of the normalized variety, Min-Max normalization may additionally help in highlighting them and lead them to be less complicated to distinguish from regular visitor's styles. The initial statistics set is transformed linearly with the aid of the Min-Max normalization technique [20]. When some characteristic's minimum and maximum values are normalized using the Min-Max formula, the initially set value of the attribute gets replaced with the value within the interval [0,1]. The formula is given in Eq. (1):

$$X'' = \frac{X - Min}{Max - Min} \tag{1}$$

Where Min and Max be the minimum and maximum values of typical X'', accordingly, the initial value of X is changed by Min-Max normalization to the value in the range [0,1].

C. Attention-Based LSTM (AT-LSTM) for Detection

The crucial component for aspect-level categorization of emotions cannot be identified by the conventional LSTM. To tackle this problem, AT-LSTM [21] is suggested creating a system of attention offering can determine the essential portion of a phrase when it reacts with a certain feature.

Considering *d* is the size of the hidden layers and *N* is an expression length, let $H \in \mathbb{R}_{d \times N}$ be a structure made up of the hidden vectors $h_1, h_2, ..., h_N$ that the LSTM generated. Moreover, $e_N \in \mathbb{R}_N$ is a vector of 1s, and v_α denotes the aspect representation. A weighted hidden representational *r* and a concentrated weight vector (α) will be generated by the mechanism that regulates attention in Eq. (2).

$$M = \tan h \left[\begin{pmatrix} W^h H \\ W^v v_\alpha \otimes e_N \end{pmatrix} \right]$$
(2)

Where, $M \in \mathbb{R}_{(d+d_{\alpha}) \times N}$, $\alpha \in \mathbb{R}_N$, $r \in \mathbb{R}_d$, $W_h \in \mathbb{R}_{d \times d}$, $W_v \in \mathbb{R}_{d_{\alpha \times d_{\alpha}}}$ and $w \in \mathbb{R}_{d \times d_{\alpha}}$ are projection parameters. α is a vector made up of attention weights, and r is a weighted sentence representation with a specified aspect. The operator in 7 (a circle containing a multiplication symbol within, abbreviated as OP) denotes the following: $v_{\alpha \otimes e_N} = v; v; ...; v$.

The phrase "The operator in 7 (a circle containing a multiplication symbol within, abbreviated as OP)..." refers to a specific mathematical or symbolic operation mentioned earlier in the document or paper, likely in Eq. (7). The description suggests that the "circle containing a multiplication symbol" is a shorthand for an operation involving element-wise multiplication or concatenation of vectors, which is a common operation in attention mechanisms within neural networks.

In this case, it appears that the operator (\bigotimes) is performing a concatenation or element-wise operation on vectors, specifically involving attention weights and sentence representations, to enhance the LSTM model's ability to focus on important features. The specific operator and its notation would be detailed in Eq. (7) of the original document or study. If you are following the cited article or context, ensure you check for the exact meaning of "operator 7" in the associated equations or figures.

This indicates that the operator concatenates v for N times in a row vector called e_N , which has N, 1s in it. The gradually adjusted v_{α} is repeated as repeatedly as the number of words in the phrase by $W_v v_{\alpha} \otimes e_N$. The depiction of the last statement is provided by Eq. (3)

$$h'' = \tan h \left(W_p r + W_x h_N \right) \tag{3}$$

Where, W_p , W_x and $h \in \mathbb{R}_d$ are projection parameters that will be discovered during training. Also discover that if includes $W_x h_N$ in the sentence's final form, this practically functions better. The attention mechanism enables the framework, when various elements are taken into account, to identify the most significant portion of a phrase. Considering an input component, h'' is regarded as the symbolic representation of features of a sentence. The Attention-based LSTM (AT-LSTM) design is shown in Fig. 2.



Fig. 2. Design of Attention-based LSTM.

To transform the sentence vector to e, a realvalued vector whose length equals the class number |C|, add an exponential layer. After that, e is transformed to a conditional probability distribution using a softmax layer in Eq. (4).

$$y = softmax (W_s h'') + b_s \tag{4}$$

where, W_s and b_s are the parameters for softmax layer.

Understanding the steps to solving the problem calls for breaking down the complex system into clear, manageable levels. The objective of the have a look at is to are expecting students' mental health repute using statistics accrued from social media structures and processed through a sophisticated neural community model, the Attention-based LSTM (AT-LSTM). This approach is designed to enhance the prediction of intellectual fitness by focusing at the most applicable statistics points inside massive datasets. By integrating attention mechanisms into LSTM, the version can higher pick out key patterns inside the statistics, leading to greater correct predictions.

The first step involves amassing relevant records, which is critical for any system learning model. In this example, the statistics are sourced from social media platforms like Reddit and Twitter the usage of APIs such as PRAW and Tweepy. The records gathering technique specializes in amassing content material that displays emotional and mental fitness states, as captured in consumer posts and interactions. Once the statistics is collected, it undergoes pre-processing via Min-Max normalization. This normalization guarantees that the information is standardized, making it more green for the model to manner and improving the accuracy of predictions.

The next step involves feeding the processed data into the AT-LSTM model. This model uses an attention mechanism to focus on the most important parts of the data. This has led to more accurate predictions of students' mental health. The attention mechanism within the LSTM framework helps highlight important features within the dataset to ensure that the model does not overlook important emotional signals or patterns based on and predicts—the approach is more structured. It allows readers to easily follow and understand how each step contributes to solving the problem of mental health prediction.

V. RESULTS AND DISCUSSION

The application of min-max normalisation in conjunction with attention-based LSTM processes greatly increased the prediction accuracy of students' mental health states. More accurate and context-aware predictions were made possible by the model's improved capacity to extract and analyse pertinent information from the data. This might result in early support and assistance for the well-being of learners in educational settings that are more successful.

A. Performance Evaluation

For assessment, the subsequent evaluation standards have been used: don't forget, F1-score, precision and accuracy. These parameters have been used to assess the version. These are depicted below:

The prediction accuracy shown in Eq. (4) that is maximum frequently hired to evaluate category performances is 2nd hand to degree of the classifier's popular usefulness.

$$Accuracy = \frac{Tp'+Tn'}{Tp'+Tn'+Fp'+Fn'}$$
(5)

The time period precision is used to describe how well a set of effects accept as true with one another. Precision is normally described because the distinction among a set of outcomes and the set's mathematics suggest. It is shown in Eq. (6).

$$Precision = \frac{Tp'}{Tp'+Fn'} \tag{6}$$

The cause of remember evaluation shown in Eq. (7) is to envision, beneath a positive set of assumptions, how several morals of an independent alterable impact a specific reliant on bendy. This technique is applied inside prearranged bounds which might be dependent on unmarried or additional input facts variables.

$$Recall = \frac{Tp'}{Tp' + Fn'} \tag{7}$$

Outcomes extra than estimate precision had better also be assessed whilst assessing the performance. The F1 rating that is computed for this purpose evaluates the correlation most of the information's expectant statistics and the classifier's predictions. It is shown in Eq. (8).



Fig. 3. Training and testing accuracy.

In Fig. 3, the training and testing accuracy graph is depicted. Fig. 4 graphically represents training and testing loss.

Three approaches were assessed in this comparative examination of several techniques for mental health state prediction are listed in Table I and Fig. 5 depicts the comparison of performance metrics. The Heart Rate Variability (HRV), the Hidden Markov Model (HMM), and the suggested Attention-based LSTM (AT-LSTM). The findings showed that the approaches' performance indicators varied significantly from one another.



Fig. 4. Training and testing loss.

TABLE I. COMPARISON OF PERFORMANCE METRICS

Method	Accuracy	Precision	Recall	F1-Score
HMM [22]	48	51	57	52
HRV [23]	83	87	82	79
Proposed AT- LSTM	98.9	97	96.5	96

HRV and the counseled AT-LSTM both beat the HMM technique in terms of precision, recall, and F1-rating, while the HMM technique yielded the bottom accuracy (forty eight%) average. The effects showed that HRV had the pleasant

accuracy (83%) and the maximum balanced precision, remember, and F1-rating values. The cautioned AT-LSTM, however, became inside the maximum noteworthy performance, reaching a fantastic ninety eight.Nine% accuracy in addition to excessive precision, take into account, and F1score values, demonstrating its higher predictive abilities for intellectual fitness situation assessment.



Fig. 5. Comparison of performance metrics.

Table II and Fig. 6 depict the Attention-based LSTM (AT-LSTM) model's performance measures confirmed amazing values for bear in mind, accuracy, precision, and F1 score. It confirmed quite high percentage of correct predictions, with 98.Nine% accuracy. With a precision of 97%, the model validated a low false tremendous price, as measured by the share of proper superb predictions amongst all superb predictions. With a combined precision keep in mind rating of 96. 5%, the F1 score demonstrates a great balance between the 2. Furthermore, they consider, that the percentage of real positives found amongst all actual positives, turned into a robust 96%, indicating that the version should effectively discover and classify fine instances. These first-rate performance metrics demonstrate the AT-LSTM's capacity to accurately and reliably expect and examine mental health situations.

TABLE II. PERFORMANCE METRICS OF AT-LSTM

Performance metrics	AT-LSTM	
Accuracy	98.9	
Precision	97	
F1 score	96.5	
Recall	96	



Fig. 6. Performance Evaluation of Hybrid ELM-BiLSTM.

B. Discussion

The proposed take a look at introduces an innovative method using attention-based totally LSTM methods to beautify predictions of scholar mental health. This generation achieves a high diploma of accuracy in figuring out subtle signs and symptoms of intellectual health issues by meticulously studying substantial elements inside the input statistics. This development holds significant potential to enhance early identification and remedy processes, in the end reaping benefits for the overall properly-being of students [16]. By integrating interest-primarily based LSTM procedures, the method addresses the shortcomings of present systems and efficaciously overcomes fundamental barriers in forecasting pupil intellectual health. Unlike preceding strategies, this method goals to beautify the version's capacity to apprehend subtle indicators of intellectual fitness difficulties with the aid of assigning varying stages of relevance to one-of-a-kind enter factors. Compared to current methods, which may struggle with early detection and accuracy, the proposed approach offers a extra precise and context-aware prediction manner. This allows timely assistance and interventions for college kids. However, challenges together with integrating a couple of facts sources for in-intensity evaluation and optimizing the eye technique remain. Future studies could discover similarly upgrades to the attention-based totally LSTM framework, together with refining interest mechanisms to better discover behavioral nuances in students and incorporating extra facts assets for a greater complete evaluation. Additionally, that specialize in developing user-friendly interfaces and deployment techniques could make the proposed approach more widely on hand and relevant in educational institutions.

VI. CONCLUSION AND FUTURE WORK

This proposed approach allows greater correct and contextaware forecasts of intellectual fitness amongst students, potentially leading to more powerful early interventions and help strategies in educational environments. Utilizing min-max normalization along side attention-based totally LSTM strategies drastically improves the accuracy of predicting college students' intellectual fitness states. By correctly extracting and reading applicable facts, the version demonstrates more advantageous predictive competencies, supplying the ability for more a hit interventions and support for pupil nicely-being. Performance assessment metrics such as recollect, F1-rating, precision, and accuracy are hired to assess the version's effectiveness. Comparative evaluation with different techniques famous the superiority of the proposed approach in terms of predictive skills for comparing intellectual fitness conditions. In end, this studies highlights the promising capacity of interest-based LSTM fashions in predicting college students' intellectual fitness statuses with high accuracy and precision. By effectively leveraging interest mechanisms and using superior neural community architectures, the proposed methodology offers a valuable tool for educators and mental health professionals to identify and cope with intellectual health concerns amongst students early on. Future studies should discover the application of this technique in real-international educational settings and in addition look into its efficacy in distinctive scholar populations. Additionally, efforts to beautify the interpretability and explainability of the model's predictions ought to contribute to its broader adoption and effect in supporting pupil properly-being.

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